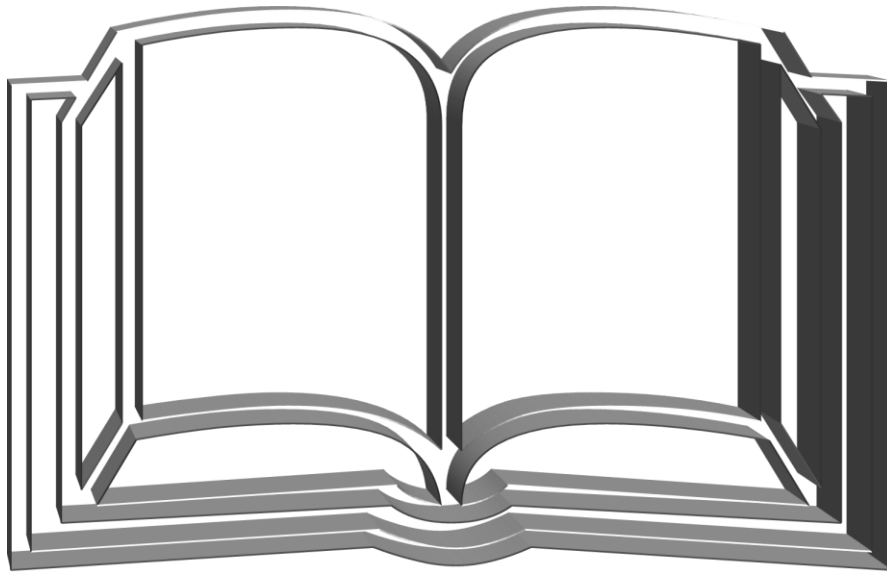


# Community Organizations and Resources



2023 Ridgecrest, CA 93555

Compiled, Edited, and Printed by



**Kern County, Area of Ridgecrest**

## Community Resource Directory

### **ABUSE AND NEGLECT**

Adults (APS) 1-800-277-7866 or 1-661-868-1006

Children 1-661-631-6011 or 1-760-375-6049

Elder Abuse (Seniors) 1-800-992-1660 or 1-661-868-1006

**ADDICTION** - see Substance Abuse

### **AGING AND ADULT SERVICES BAKERSFIELD** 1-800-510-2020

HICAP - Ridgecrest 1-760-384-5888

In Home Supportive Services 1-661-868-1000 or 1-800- 510-2020

5357 Truxtun Ave., Bakersfield, CA 93309,

**AIDS** (see HIV)

### **AMBULANCE**

Liberty Ambulance 1-760-375-6531

350 E. Ridgecrest Blvd., Ridgecrest, CA 93555

San Bernardino County Fire Dept. 1-760-372-5988

83732 Trona Rd., Trona

### **ANGER MANAGEMENT**

Legacy Behavioral Health/Family Services Intake/Information 1-877-861-1133

Tehachapi Wellness Center, Rena Shumway, CAD11 MFT 1-661-822-8979

### **ANIMAL SHELTER**

Ridgecrest 1-760-375-3446

### **BIRTH/DEATH/MARRIAGE DOCUMENTS**

County Hall of Records 1-661-868-6400

Kern County Recorder's Office, 1655 Chester Ave., Bakersfield 93301

Kern County Dept. of Public Health 1-661-321-3000

Birth/death less than 1 year

### **BLOOD BANK**

Houchin Community Blood Bank 1-661-323-4222 or 1-760-375-8331

## **CANCER**

American Cancer Society 1-800-227-2345

1653 N. Triangle Dr., Ridgecrest, CA 93555

Cancer information Service 1-800-422-6237

Cancer Treatment Centers of America 1-800-367-4357

## **CAR SEATS (INFANTS AND CHILDREN)**

Kandi Smith, CPS Technician #T711811 1-760-375-4357

Car seat checks and information by appointment, Clinica Sierra Vista

730 N. Norma Suite A, Ridgecrest, CA 93555

## **CHILDREN/TEEN/FAMILY SERVICES** (see also Pregnancy)

Childbirth Classes (Ridgecrest Regional Hospital) 1-760-499-3831

Child Care Referral

- Community Connection for Child Care 1-866-428-5408 or 1-760-379-3254  
Dept. of Human Services, 6401 Lake Isabella Blvd.; P.O. Box 2366, Lake Isabella, CA

Child Guidance Clinic (Parent & Grandparent support)

- 3628 Stockdale Hwy, Bakersfield 93309 1-661-322-1021
- 2001 N. Chester Ave., Bakersfield 1-661-393-5836

Child Support Services 1-866-901-3212

400 N. China Lake, Ridgecrest, CA 93555 [childsupport@co.kern.ca.us](mailto:childsupport@co.kern.ca.us)

Clinica Sierra Vista IWV Differential Response 1-760-375-4357

730 N. Norma Suite A, Ridgecrest, CA 93555

Developmental Disability Services

- Desert Area Resources and Training (DART) 1-760-375-9787  
200 N. Gold Canyon St., Ridgecrest, 93555
- Kern Regional Center 1-760-375-9512  
825 N. Downs, Ste. D, Ridgecrest, CA 93555
- SAILS (Supportive Adult Independent Living Services) 1-760-371-2214  
126 S. China Lake Blvd, Ste. B, Ridgecrest , CA 93555  
Adult Day Care Program serves adults with developmental disabilities

Kinship Center (Grandparents fostering grandchildren) - Kern County DHS 1-661-631-6204

3711 Columbus St., Bakersfield, CA 93306

Missing Children - California 1-800-222-3463 (FIND)

National Center for Missing and Exploited Children 1-800-843-5678

Society for Disabled Children 1-661-322-5595

Speech: SELPA SSUSD 1-760-499-1702

113 W. Felspar, Ridgecrest, CA 93555

Sudden Infant Death Syndrome (SIDS) Support 1-800-369-7437

## **CLOTHING**

Immanuel's Clothing Closet 1-760-446-4531

1201 N. China Lake Blvd., Ridgecrest, CA 93555

Mondays, 5:00 p.m. - 7:00 p.m. Enter at the South door. Follow the signs inside.

Laundry Service, free, offered by Church of the Nazarene 1-760-375-4433

Every 4th Monday of the month at the iWash Laundromat, 500 W. Atkins; service available from 7:00 a.m. to 10:00 a.m. (soap, snack and juice provided)

Veterans Advisory Council (Ridgecrest) 1-760-608-9251

## **CONSUMER INFORMATION**

Better Business Bureau 1-661-322-2074

California Dept. of Consumer Affairs 1-800-952-5210

Chamber of Commerce 1-760-375-8331

128 E. California Ave. Ste B, Ridgecrest, CA 93555

Consumer Credit Counseling Service of Kern and Tulare County 1-800-272-2482

Consumer Fraud Attorney General 1-800-952-5225

IWV Collaborative Meeting 1-760-375-4357

3<sup>rd</sup> Wednesday, 10 a.m. Ridgecrest, CA 93555

Kern Health Consumer Center, Bakersfield 1-800-906-3982

Maturango Museum 1-760-375-6900

100 E. Las Flores Ave., Ridgecrest, CA 93555

## **CPR & FIRST AID**

America's Job Center, First Aid, CPR, AED Certificate 1-760-384-5995

Cerro Coso Community College 1-760-384-6100

Ridgecrest Regional Hospital - Education Dept. 1-760-446-3551

1081 N. China Lake Blvd., Ridgecrest, CA 93555

**CRISES** - See Emergency; Mental Health; Suicide; Talk Lines; hot lines

## **DENTISTS** (Medi-Cal)

All Kids Dental Surgery 1-661-325-5437

2525 Eye St., Bakersfield, CA 93301

Children's Dental Group: Robert Bang, DDS 1-760-446-8688

501 W. Joyner Ave. #B, Ridgecrest, CA 93555

Omni Family Health 1-760-446-7978

1133 N. Chelsea Street, Ridgecrest, CA 93555

Ridgecrest Rural Health Dental Clinic      1-760-499-3296  
1111 N. China Lake Blvd., Ridgecrest, CA 93555

## **DISABILITIES**

Center for the Blind and Visually Impaired    1-661-322-5234  
Developmental Disabilities, Desert Area Resources and Training (DART)    1-760-375-9787  
200 N. Gold Canyon St., Ridgecrest, CA 93555  
Kern County Community Development      1-661-862-5050  
(grant program for disabled ramps, grab bars, etc. and zero interest loan programs for repairs)  
Kern Regional Center      1-760-375-9512  
825 N. Downs Suite D, Ridgecrest, CA 93555  
Social Security Disability Advocate  
Diana Wade 1-760-417-2390 or 1-661-821-0494

## **DOMESTIC VIOLENCE –**

Women’s Center High Desert, Inc.

- Domestic Violence Hotline 1-760-375-7525
- Sexual Assault Hotline 1-760-375-0745
- Human Trafficking Hotline 1-888-373-7888

**DO NOT CALL** - To get on the do not call list, call 1-888-382-1222  
or on line [www.donotcal.gov](http://www.donotcal.gov)

## **DRIVER'S LICENSES**

Dept. of Motor Vehicles      1-800-777-0133  
540 Perdew Ave, Ridgecrest, CA 93555

**EDUCATION** see Literacy; Schools

## **EMERGENCIES (CRISES)**

### **All emergencies 911**

Abuse Reporting - see Abuse and Neglect  
Addiction 24-hr Helpline      1-888-709-1076  
Aging and Adult Services Bakersfield 1-800-510-2020  
American Red Cross Disaster Services Daytime      1-661-267-0650  
Child Abuse Reporting Hotline      1-760-375-6049 or 1-661-631-6011  
Domestic Violence

- DV 24-Hour Hotline    1-760-375-7525
- Victims of Sexual Assault/Abuse 24 hour Hotline    1-760-375-0745

- Women's Center High Desert, Inc. 1-760-371-1969  
134 S. China Lake Blvd., Ridgecrest, CA 93555

Federal Emergency Management Agency (FEMA) disaster 1-800-621-3362

Fire Department

- Inyokern - Station 73, 6919 Monache Mt. Ave., Inyokern 1-760-377-4621
- Ridgecrest - North Station 74 1-760-375-8466  
- South Station 77 1-760-371-2181
- Randsburg Station 75 1-760-374-2455
- Trona Station 57 1-760-372-5988

Law Enforcement Agencies

- CA Highway Patrol, Bakersfield 1-661-824-2408
- NAWS - Police Dept. China Lake 1-760-939-3323
- Police (non-emergency)
  - Ridgecrest 100 W. California 1-760-499-5100
  - Inyokern 1-760-384-5800
- Sheriff, Kern County EMERGENCY 1-800-861-3110  
Ridgecrest Substation 128 E. Coso A, Ridgecrest CA 1-760-384-5800

Mental Health Crisis

- 911
- 988 Suicide Prevention Talk/Text Hotline
- Behavioral Health & Recovery Services crisis line 1-800-991-5272
- Crisis Stabilization Unit (Ridgecrest Mental Health Urgent Care) 1-760-463-2880  
children and adults; 1141 Chelsea St., Ridgecrest, CA 93555
- College Community Services 24-Hour Crisis Line 1-877-300-4738
- Laura's Law, Assisted Outpatient Treatment 1-661-635-2997 or 1-844-360-8250
- Ridgecrest Regional Hospital Emergency Room 1-760-446-3551  
1081 N China Lake Blvd, Ridgecrest, CA 93555

National Suicide Prevention Life Line 1-800-273-8255 (talk)

Poison Control Center 1-800-222-1222 or 1-800-876-4766

Safe Surrender - Kern County Dept. of Human Services 1-661-631-6000

Sexual Assault Response Team Hotline 9-5 p.m. M-F 1-760-375-0745

Veteran Services - Crisis - Suicide Prevention 1-800-273-8255

**EMERGENCY ASSISTANCE**

911 (see Law Enforcement)

American Red Cross Disaster Services (Antelope Valley Chapter) - Day-time 1-661-267-0650

After Hours 1-661-277-3040

Domestic Violence Hotline 1-760-375-7525

National Human Trafficking Hotline 1-888-373-7888

Sexual Assault Hotline

1-760-375-0745

**EMPLOYMENT**

America's Job Center of California 1-760-384-5995

540 Perdew Ave. Ste B-2, Ridgecrest, CA 93555

CalWORKS Employment Preparation Program (EPP) 1-661-631-6000

Kern County Dept. of Human Services, 100 E. California Ave, Bakersfield 93307

Continental Labor Resources 1-760-446-3525

509 W. Ward Ave, Ridgecrest, CA 93555

Dept. of Rehabilitation Kern County 1-661-395-2525

4925 Commerce Dr., Bakersfield, CA. 93309

Dept. of Rehabilitation and Employment Development Center , Ridgecrest 1-760-384-5995

America's Job Center 540 Perdew Ave., Ste. B2, Ridgecrest, CA 93555

Desert Area Resources & Training (DART Thrift Store) 1-760-375-9787

200 N. Gold Canyon St., Ridgecrest, CA 93555

Fleet & Family Support Center 1-760-939-4553

Family Employment Readiness Program

1 Administration Circle, Stop 1323 Bldg. 02308, Blandy Avenue, Naval Air Weapons Station,  
China Lake, CA 93555-6100

Indeed.com (Jobs in Ridgecrest)

Tribal TANF (Native Americans) 1-760-379-4770

6404 Lake Isabella Blvd., P.O. Box 2895, Lake Isabella, CA 93240

S.A.S.S. (Staffing Alternatives & Specialized Services) 1-760-375-1003

808 W. Ridgecrest Blvd, Ridgecrest, CA 93555

**ENERGY ASSISTANCE**

Crossroads Community Church 1-760-384-3333

235 N. China Lake Blvd., Ridgecrest CA 93555 (as funds are available)

Grace Lutheran Church 1-760-375-9768

502 N. Norma St., Ridgecrest, CA 93555 (as funds are available)

Home Energy Assistance Program (HEAP CAPK) 1-760-938-1094

Information, Resources & Inspiration for Today's Tough Economy [www.needhelp-payingbills.com](http://www.needhelp-payingbills.com)

The Salvation Army 1-760-375-7219

151 N. Downs, Ridgecrest, CA 93555 (as funds are available)

**EYE CARE** (Medi-Cal)

Dr. Caroline Robison 1-760-375-4496

808 N. Norma Street, Ridgecrest, CA 93555

Dr. Daniel Mallory Vision Care 1-760-446-5555

1409 N. Norma Street, Ridgecrest, CA 93555  
Focus Optometry 1-760-446-5600  
905 W. Drummond, Ridgecrest, CA 93555  
Walmart Vision Care 1-760-463-5068  
201 E. Bowman, Ridgecrest, CA 93555

## **FAMILY SERVICES**

Oasis Family Resource Center 1-760-938-1094  
814 N. Norma Street, Ridgecrest, CA 93555  
Legacy Foster Care and Adoption Services 1-760-463-8000  
722 N. Norma Street Ste. D, Ridgecrest Blvd., Ridgecrest, CA 93555  
Pregnancy Care Center 1-760-384-2273  
341 E. Ridgecrest Blvd. Ste. A, Ridgecrest, CA 93555

## **FINANCIAL ASSISTANCE**

Consumer Credit Counseling Service 1-800-272-2482 or 1-661-324-9628  
5300 Lennox Ave, Ste, 200, Bakersfield  
Credit Reports (Annual Report Request Service [annualcreditreport.com](http://annualcreditreport.com)) 1-877-322-8228

- Experian, [www.experian.com](http://www.experian.com), fraud alerts and credit reports 1-800-397-3742
- Trans Union, [www.transunion.com](http://www.transunion.com), 1-800-680-7289; credit reports 1-800-916-8800
- Equifax [www.equifax.com](http://www.equifax.com) Credit reports 1-800-685-1111

Crossroads Community Church 1-760-384-3333  
235 N. China Lake Blvd., Ridgecrest CA 93555 (as funds are available)  
EBT Helpline (lost/stolen card) 1-877-328-9677  
Homeowners and rental Assistance 1-800-868-4171  
Annual rebate program for disabled, blind, and seniors 62 or older from the State Franchise Tax Board. Both homeowners and renters can apply. Runs from July 1 through October 31 each year. Form completion assistance offered. [www.ftb.ca.gov](http://www.ftb.ca.gov)

Human Services, Kern County Department of 1-760-499-5200  
(Welfare Department; Social Services Dept.), 145 E. Ridgecrest Blvd. Ridgecrest, CA 93555

- Apply for benefits online [www.benefitscal.com](http://www.benefitscal.com)
- In-Home-Support-Services (Aging & Adult Services Dept.), Bakersfield 1-800-510-2020
- Indigent Financial Assistance
  - Cal Fresh (Food Stamps) 1-661-631-6062  
[www.benefitscal.com](http://www.benefitscal.com)
  - Medi-Cal Application Line 1-661-631-6807
- Welfare Fraud Hotline 1-661-633-7283

Information, Resources & Inspiration for Today's Tough Economy [www.needhelppayingbills.com](http://www.needhelppayingbills.com)  
IRS (Internal Revenue Service) 1-800-829-1040



IWV Tax Aide (January - April) - Ridgecrest Senior Center 1-760-375-5438

Income tax preparation assistance for Seniors, Disabled, and Low Income individuals

Mortgage and Property Tax Relief Program [www.camortgagerelief.org](http://www.camortgagerelief.org)

Navy-Marine Corp. Relief Society 1-760-939-2921

Social Security Administration 1-800-772-1213

- Lancaster Office 1-866-964-1725  
42225 10th Street West, Lancaster, 93534
- Bakersfield
  - 1-866-476-1489
  - 1-866-366-9558

The Salvation Army 1-760-375-7219

151 N. Downs, Ridgecrest, CA 93555 (as funds are available)

Tribal TANF (Native Americans) 1-760-379-4770

P.O. Box 2895, Lake Isabella, CA 93240

Veteran's Administration 1-661-729-8655

547 W. Lancaster Blvd, Lancaster, CA 93534

## **FOOD ASSISTANCE**

EBT Card Helpline 1-877-328-9677

CalFresh-DHS 1-760-499-5200

145 E. Ridgecrest Blvd., [www.benefitscal.com](http://www.benefitscal.com)

-Food information Line: 1-877-847-3663

-To contact your worker: 1-661-631-6000

### **Meal/Food programs:**

- Crossroads Community Church 1-760-384-3333  
235 N. China Lake Blvd., Ridgecrest, CA 93555 Wednesday-Friday 10 AM-4 PM
- Grace Lutheran Grace Care Center 1-760-375-9768  
502 N. Norma Ridgecrest, CA 93555; Food/Clothing Pantry Wednesday & Friday 9-11 AM;
- Immanuel Baptist Church 1-760-446-4531  
1201 N. China Lake Blvd., Ridgecrest, CA 93555; Free dinner every Monday 6 – 6:45 PM
- Ridgecrest Calvary Assembly (RCA Church) 1-760-375-5014 [info@rcachurch.com](mailto:info@rcachurch.com)  
800 W. Upjohn Ridgecrest, CA 93555; Food Pantry call for details
- Ridgecrest United Methodist Church 1-760-375-7434  
639 N. Norma Ridgecrest CA 93555 Free dinner every Friday 5-6 PM
- St. Ann's Catholic Church 1-760-375-2110  
446 W. Church Ridgecrest, 93555; Food Baskets Tuesday & Friday 9-11 AM;
- St. Michael's Episcopal Church 1-760-446-5816  
200 Drummond, Ridgecrest, CA 93555; Food Pantry and Thrift Store 4<sup>th</sup> Tuesday of each month & CAPK Senior (age 60+) food box distribution 3<sup>rd</sup> Tuesday

- Salvation Army 151 N. Downs, Ridgecrest, CA 93555 1-760-375-7219  
Community Food Distribution Tuesday and Friday 12:30 PM
- Senior Center-Inyokern  
1247 Broadway Inyokern, CA 93527 Food distribution 2<sup>nd</sup> Thursday of month 9-11 AM
- Women's Center High Desert, Inc. 1-760-375-1969  
134 S. China Lake Blvd., Ridgecrest, CA 93555; Emergency food as available

Food Program for Family Child Care Providers; Application Number; 1-877-861-5200

Food Stamps - see Cal Fresh

Meals on Wheels 1-760-375-5438 or 1-661-868-0902

Kern County Dept. of Human Services 1-877-410-8812

Ridgecrest Regional Hospital 1-760-446-3551

1081 N. China Lake Blvd., Ridgecrest, CA 93555; provides hot dinners Monday through Sunday; accommodates special diets; \$3/meal. Go to the Emergency Dept. for arrangement.

Senior Nutrition

- Meals daily M-F 125 S. Warner St., Ridgecrest, CA 93555 Tracy Chrisman 1-760-375-5438
- 1247 Broadway, Inyokern 1-760-377-4800
- CAPK Senior Food Box 3<sup>rd</sup> Tuesday-St. Michael's Church 200 Drummond 1-760-446-5816

CAPK WIC (Women Infants Children) 1-866-327-3074

814 N. Norma St. Ridgecrest, CA 93555

**HEALTH DEPT.** 400 N. China Lake Blvd., Ridgecrest, CA 93555 1-760-384-5970

Call Bakersfield for appointment 1-661-321-3000

Public Health Nurse 1-760-384-5843

### **HIV/SEXUALLY TRANSMITTED DISEASES**

Clinica Sierra Vista Ryan White/Kern Lifeline Project 1-661-324-3262

2000 Physicians Blvd., Bakersfield, CA 93301

Center for Disease Control 1-800-CDC-INFO (1-800-232-4636)

Kern County Department of Public Health 1-661-321-3000

### **HOMELESS**

CalWORKs Homeless Assistance 1-760-499-5200

Ridgecrest Dept. Human Services, 145 E. Ridgecrest Blvd., Ridgecrest, CA 93555

Clinica Sierra Vista Healthcare for the Homeless 1-661-328-4283

Baker Street Village CHC 1015 Baker Street #4, Bakersfield, CA 93305

Homeless Intervention Services (The Mission at Kern County) 1-661-325-0863

821 East 21st St., Bakersfield, CA 93305

Kern Linkage Program 1-661-868-1840

2525 N. Chester Ave. Ste. C, Bakersfield

Referral Case Management services to homeless mentally ill/substance abuse addiction  
Shelters/Housing

- Bakersfield Homeless Shelter 1-661-322-9199  
1600 E. Truxtun Ave. Bakersfield, CA
- Bakersfield Rescue Mission 1-661-325-0863  
816 E. 21st St., Bakersfield
- California Veterans Foundation 1-661-695-3626  
731 Decatur Street, Bakersfield 93308-4242
- Homeless Health Care 1-661-322-7580  
234 Baker St. #1, Bakersfield, CA 93305
- Lighthouse Women and Children's Rescue Mission 1-805-385-7200  
104 & 150 N. Hayes Ave., Oxnard, CA 93030
- Mission at Kern 1-661-325-0863  
821 E. 21st St., Bakersfield, CA 93305  
Homeless shelter and rescue mission; help for addiction recovery
- Rapid Re-Housing (Bakersfield Homeless Center) 1-661-716-1020 ext. 120  
1600 E. Truxtun Ave., Bakersfield, CA 93305
- Veterans Assistance Foundation 1-661-695-3626  
1400 Easton Dr. #102, Bakersfield, CA 93309
- Victor Valley Rescue Mission 1-760-955-5958  
15572 7th St., Victorville, CA 92395

### **HOME HEALTH CARE**

- IHSS-Kern County Aging & Adult Services 1-661-868-1003  
5357 Truxton Ave, Bakersfield, CA 93309
- Ridgecrest Regional Hospital Personal Care Services 1-760-499-3617  
1653 Triangle Drive, Ridgecrest, CA 93555

### **HOSPICE CARE**

- Ridgecrest Regional Hospital 1-760-499-3617  
1653 Triangle Drive, Ridgecrest, CA 93555

### **HOSPITALS**

Hospitals with Emergency Mental Health Service Units

- Antelope Valley Hospital 1-661-949-5000  
1600 W. Avenue J, Lancaster, 93534
- Crestwood Behavioral Health Center 1-661-363-8127  
6700 Eucalyptus Dr., Bakersfield, 93306
- Bakersfield Behavioral Healthcare Hospital 1-661-398-1800

5201 White Lane, Bakersfield, 93309

- Harbor-University of California Los Angeles 1-310-222-3144  
1000 W. Carson ST., Torrance 90509; Psychiatric Emergency Room
- Kern Medical Psychiatric Unit P 1-661-326-2715  
1700 Mt. Vernon, Bakersfield, 93306
- Loma Linda University Behavioral Medicine Center 1-909-558-9275  
1710 Barton Rd., Redlands, CA 92373
- Los Angeles County USC Hospital (LAC-USC) 1-323-409-5752  
1100 N. State St., LA 90033, Psychiatric Emergency Unit
- UCLA Neuropsychiatric Institute 1-310-825-9989  
760 Westwood Plz #67468, Los Angeles, CA 90095

Adventist Health Tehachapi Valley Hospital 1-661-823-3000  
1100 Magellan Dr., Tehachapi, CA 93561

Bakersfield Heart Hospital 1-661-316-6000  
3001 Sillect Ave., Bakersfield, CA 93308

Kern Valley Hospital 1-760-379-2681  
6412 Laurel Ave., Lake Isabella, 93240

Palmdale Regional Medical Center 1-661-382-5000  
38600 Medical Center Dr., Palmdale, CA 93551

Ridgecrest Regional Hospital, 1111 N. China Lake Blvd., Ridgecrest, CA 93555

- Emergency Care Services 1-760-446-3551
- Urgent Care Clinic 1-760-499-3800

San Joaquin Hospital 1-661-395-3000  
2615 Chester Ave., Bakersfield, CA 93301

## **HOTLINES , TALK LINES, AND HELP LINES**

AARP Hotline 1-888-687-2277

Addiction Helpline 24-hour 1-800-999-9999

Adult Protective Services 1-661-868-1006 or 1-800-510-2020 or 1-800-277-7866

AIDS/HIV Hotline 1-800-367-2437

Alzheimer's Association 24-hr. Helpline 1-800-272-3900

American Cancer Society, Bakersfield 1-661-327-2424

American Diabetes Association, Kern County 1-888-342-2383

American Heart Association 1-661-327-1173

College Community Services After Hours Crisis Line 1-888-321-3000

Consumer Product Safety Hotline, Bakersfield 1-800-638-2772

Domestic Violence Hotline (Local-Women's Shelter Network) 1-760-375-7525

Domestic Violence Hotline (National) 1-800-799-7233

Drug and Alcohol Crisis Hotline 1-800-662-4357

Human Trafficking Hotline 1-888-373-7888  
Kern Behavioral Health Crisis Hotline 1-800-991-5272  
Kern Stop Meth Now 1-855-No2Meth (662-6384)  
www.KernStopMethNow.com  
Narcotics Anonymous Help and Info Line Kern Co: 1-877-629-6759  
National Alliance on Mental Illness (NAMI) Helpline: 1-800-950-6264  
National Suicide Prevention Talk/Text Line **988**  
National Suicide Prevention Lifeline: 1-800-273-8255 (talk)  
Parenting Services/Support Warm Line 1-661-323-3531 or 1-888-955-9099  
Rape Crisis Hotline 1-760-375-0745  
Runaway Hotline 1-800-RUNAWAY (1-800-786-2929)  
Sexually Transmitted Diseases Hotline 1-800-227-8922  
Suicide Hotline: 1-800-SUICIDE (1-800-784-2433)  
Teen Hotline (and text), 6 p.m. - 10 p.m. 1-800-852-8336  
Teen Challenge 24-Hour Hotline 1-661-399-2273  
Veteran Crisis Line/Suicide Prevention 1-800-273-8255 (talk)

## **HOUSING**

California Veterans Assistance Foundation 1-661-399-2490  
Kern County's only transitional housing program tailored to serve our veterans.  
Habitat for Humanity-Golden Empire 1-661-861-8449  
rwhite@habitatbakersfield.org www.habitatkern.org  
Home Access Grant Program 1-661-862-5062 or 1-661-862-5024  
(assistance with making a home more assessable to physically challenged individuals)  
Housing Authority of the County of Kern (Section 8/Low Income Housing) 1-661-631-8500 x 3  
601 24th St., Bakersfield, CA 93301; section-8-housing.org/Apply  
Rapid Re-Housing (Bakersfield Homeless Center) 1-661-716-1020 ext. 120  
1600 E. Truxtun Ave., Bakersfield, CA 93305  
HUD Project Based Units

- Desert Willow Apartments 1-760-446-1166  
1337 N. El Prado St., Ridgecrest, CA 93555
- The Ridge 1-760-375-3421  
401 Cisco, Ridgecrest, CA 93555
- Larkspur Village Apartments 1-760-301-5195  
340 S. Downs St., Ridgecrest, CA 93555
- Ridgecrest Senior Apartments 1-760-375-3900  
901 W. Church Ave., Ridgecrest, CA 93555

Homeowners & Renters Assistance for Senior Citizens & Disabled & Blind 1-800-868-4171  
Homeownership Preservation Foundation 1-888-995-HOPE (4673)

www.995hope.org Assistance for homeowners facing foreclosure

#### Budget Lodging

- American Best Value Inn and Suites 1-760-371-7454  
131 So. China Lake Blvd., Ridgecrest, CA 93555
- Budget Inn 1-760-375-1351  
831 N. China Lake Blvd. (behind Midway Cafe), Ridgecrest, CA 93555
- Desert Motel 1-760-375-1371  
339 W. Church, Ridgecrest, CA 93555
- Knight's Inn 1-760-677-2508  
706 Balsam, Ridgecrest, CA 93555

#### Realtors/Property Management - Rental Units

- Coldwell Banker Best Realty 1-760-375-3855  
710 N. China Lake Blvd., Ridgecrest, CA 93555
- Red Balloon 1-760-446-4300  
1301 China Lake, Ridgecrest, CA 93555
- Vaughn Realty 1-760-446-6561  
509 W. Ward, Ridgecrest, CA 93555
- Western Homes  
235 W. Ridgecrest Blvd., Ridgecrest, CA 93555 1-760-384-0000

#### Rent-to-Own Mobile Home Parks

- Town & Country 1-760-446-4685  
1599 N. Norma, Ridgecrest, CA 93555

#### Transition In Place (TIP) – Veterans Transitional Housing 1-661-399-2490

Resource information, shelter, referrals and assistance for veterans in Eastern Kern County at risk of homelessness or currently homeless

#### U.S. Dept. of Housing & Urban Development (HUD) 1-661-631-8500

601 24th St., Bakersfield, 93301

#### Veteran's Home, Barstow 1-800-746-0606

Skilled nursing and intermediate care for veterans

#### **IDENTITY THEFT** see Legal Referrals

#### **IMMUNIZATIONS**

#### Health Dept 1-760-384-5970

400 N. China Lake Blvd., Ridgecrest, CA 93555

#### Omni Family Health 1-760-446-7978

1133 N. Chelsea Street, Ridgecrest, CA 93555

#### Rural Health Clinic, Ridgecrest Regional Hospital 1-760-446-3551

1111 N. China Lake Blvd., Ridgecrest, CA 93555

**IN-HOME SUPPORT SERVICES** See Senior Citizens or Home Health Care

**INFORMATION AND REFERRAL**

2-1-1 Kern 1-800-273-2275  
Better Business Bureau 1-661-322-2074  
1601 H. St., Ste. 101 Bakersfield, CA 93301  
California Dept. of Consumer Affairs 1-800-952-5210  
Information Desk - City Hall 1-760-499-5015  
100 W. California Ave., Ridgecrest, CA 93555  
Ridgecrest Area Visitors Bureau 1-760-375-8202  
643 N. China Lake Blvd., Ste. C, Ridgecrest, CA 93555  
Ridgecrest Chamber of Commerce 1-760-375-8331  
128 E. California Ave. # B, Ridgecrest, CA 93555

**INSURANCE**

California Low Cost Automobile Insurance Program 1-866-602-8861 [www.insurance.ca.gov](http://www.insurance.ca.gov)  
Covered California, [www.coveredca.com](http://www.coveredca.com) 1-800-300-1506  
Kern County Again & Adult Services HICAP Health Insurance Counseling & Advocacy Program  
Assistance with Medicare for seniors and disabled 1-661-868-1000 or 1-800-434-0222  
Medi-Cal, Kern County Dept. of Human Services 1-760-375-5200 or 1-661-631-6807  
145 E. Ridgecrest Blvd, Ridgecrest CA 93555 [benefitscal.com](http://benefitscal.com)  
Medicare, [www.medicare.gov](http://www.medicare.gov) 1-800-633-4227  
Unemployment Insurance Benefits (America's Job Center) 1-760-384-5995  
540 W. Perdue, Ste. B2, Ridgecrest, CA 93555  
U. S. Department of Veterans Affairs [www.va.gov](http://www.va.gov) 1-877-222-8387

**LAW ENFORCEMENT**

CA Highway Patrol, Bakersfield 1-661-824-2408  
Kern County Sherriff's Ridgecrest Substation 1-760-384-5800  
128 E. Coso A, Ridgecrest, CA 93555  
Police (non-emergency)

- Ridgecrest, 100 W. California 1-760-499-5100
- Naval Air Weapons Station, China Lake 1-760-939-3323

**LEGAL REFERRALS**

Child Support Services email: [childsupport@co.kern.ca.us](mailto:childsupport@co.kern.ca.us) 1-866-901-3212  
400 N. China Lake Blvd., Ridgecrest, CA 93555  
1300 18th St., Bakersfield, CA 93301

Community Homeless Law Center 1-661-334-4666

615 California Ave., Bakersfield

Consumer Credit Counseling of Kern 1-661-324-9628 or 1-800-272-2482

2001 F St., Bakersfield, CA 93301

Correctional Mental Health

- Downtown Jail 1-661-868-6895

- Lerdo Facility 1-661-868-6895

17635 Industrial Farm R.,

Department of Corrections & Rehabilitation visitor's helpline 1-800-374-8474

TransMETRO Free bus transportation for approved CDCR visitors 1-415-259-4746

Diane Wade-Social Security Disability Advocate 1-661-821-0494 or 1-760-417-2390

Family Law 1-760-384-5900

132 E. Coso Ave., (Self-Help Program, Divorce, Guardianship, Custody, Visitation, etc.)

Kern County Sheriff - Jail -Central Receiving Facility 1-661-868-6850

1415 Truxtun Ave., Bakersfield, CA (Inmates waiting for first court date held here)

GBLA (Greater Bakersfield Legal Assistance) 1-661-325-5943 or 1-888-292-GBLA(4252)

Identity Theft

- Kern County Sheriff's Dept. Crime Prevention Unit 1-661-391-7460

- Federal Trade Commission 1-877-438-4338 (ID-THEFT)

Immigrant Policy Center (CA) 1-916-448-6762

Indigent Defense Program (IDP) 1-661-334-4709

Kern County Government Numbers

- Camp Owen 1-760-376-8500

14401 Sierra Wy, Kernville,

- District Attorney 1-760-384-5821

128 E Coso Ave., Ridgecrest, CA 93555

- Superior Court 1-760-384-5900

East Kern Municipal Court Dist, 132 E. Coso Ave., Ridgecrest, CA 93555

- Public Defender 1-760-384-5876

Mexican-American Legal Defense/Ed. Fund 1-213-629-2512

634 So. Spring St., Los Angeles, CA 90014

Neighborhood Watch 1-760-499-5107

Probation Dept. 1-760-384-5914

400 N. China Lake Blvd., Ridgecrest, CA 93555

Restraining Orders (for domestic violence) Women's Center High Desert, Inc. 1-760-371-1969

134 S. China Lake Blvd., Ridgecrest, CA 93555

Social Security fraud, waste, and abuse 1-800-269-0271

Victim Compensation Board 1-800-777-9229



## **LIBRARY**

Ridgecrest Branch 131 E. Las Flores Ave., Ridgecrest, CA 93555 1-760-384-5870

## **LITERACY**

Cerro Coso Community College (Access Program) 1-760-384-6250

3000 College Heights Blvd., Ridgecrest, CA 93555

Family Literacy Program - Owens Valley Career Development (Tribal TANF) 1-760-379-4770

P.O. Box 2895, Lake Isabella, CA 93240

Literacy Council of Indian Wells Valley, Inc. 1-760-382-4346 or 1-760-375-1088

Opportunities for Learning, Public Charter School Grades 7-12 1-760-375-7799

900 N. Norma St., Ridgecrest, CA 93555

Sierra Sands Adult Education 1-760-499-1725

140 W. Drummond, Ridgecrest, CA 93555

## **MEDICATION SUPPORT**

[www.needymeds.com](http://www.needymeds.com)

California AIDS Drug Assistance Program 1-916-449-5900 or 1-844-421-7050

Discount Prescription Coupons [www.goodrx.com](http://www.goodrx.com)

SCBN Prescription Advocacy 1-888-331-1002

## **MEDICAL EQUIPMENT**

High Desert Medical & Sleep Supplies, Inc. 1-760-375-3680

112 N. China Lake Blvd., Ridgecrest, CA 93555

## **MEDICAL TRANSPORTATION-NON EMERGENCY MEDICAL APPOINTMENTS**

Kern Family Health Care-Member Transportation 1-800-391-2000 (option #3)

Ridgecrest Medical Transportation 1-760-495-2394

Ridgecrest Regional Hospital Patient Transportation 1-760-446-0166

## **MENTAL HEALTH**

Bakersfield Access Center; Shell Mental Health Center 1-661-868-8047

2151 College Ave., Bakersfield, 93301

College Community Services 24-Hour Crisis Line 1-877-300-4738

College Community Services 1-760-499-7406

1400 N. Norma, Ste. 133, Ridgecrest, CA 93555

CCS HOPE Center 1-760-446-1597

1400 N. Norma, Ste. 137, Ridgecrest, CA 93555

## Compassionate Couch

815 N. Downs Street, Ste B, Ridgecrest

- Melissa Price, LCSW 760-371-5393
- Jasmine Carter, LCSW 760-977-1555
- Pam Cambell, LMFT email: pgcambell12@outlook.com
- Lori Miller, LMFT 760-608-0872
- Darrelyn Dorias, LMFT 760-977-1286
- Lori Weidner-Alvarez, LMFT 760-382-7126
- Brittany Williams, APCC (student intern) 760-371-5393

Crossroads Community Church 1-760-384-3333

235 N. China Lake Blvd., Ridgecrest, CA 93555

Free personal, family, marriage premarital, financial and addiction counseling

Crisis Stabilization Unit (Ridgecrest Mental Health Urgent Care) 24 Hours 1-760-463-2880

1141 Chelsea St., Ridgecrest, CA 93555 Children & Adults

Family Advocacy-Mental Health, Kern Behavioral Health & Recovery Services 1-844-360-8251

Fleet and Family Services 1-760-939-4545

1 Administration Circle, Stop 1323, Bldg 02308 Blandly Ave.,  
China Lake, CA 93555-6100

High Desert Therapy Dogs Ruth 1-760-608-0511; Joan 1-760-382-8933

Kern County Behavioral Health Crisis 24-hour Hotline 1-800-991-5272

Mental Health Classes (Currently via ZOOM) NAMI Contact Janet Mulvihill 1-760-384-8672

Website: <https://www.namikern.org/program>

- Family-to-Family offered 2x per year to register email: [namikern@yahoo.com](mailto:namikern@yahoo.com)  
12-week education course for family members, caregivers, and friends of adults with mental illness offered yearly
- Peer-to-Peer offered 2x per year to register email: [namikern@yahoo.com](mailto:namikern@yahoo.com)  
10-week Wellness and Relapse Prevention course for adults living with mental illness

Mental Health Support Groups through NAMI to register email: [namikern@yahoo.com](mailto:namikern@yahoo.com)

- Family Support Group: Zoom every 2<sup>nd</sup> & 4<sup>th</sup> Tuesday 5:15-6:45 PM & 1<sup>st</sup> Wednesday 6-7:30 PM
- Connections Peer Recovery Support Group Zoom Mondays 6-7 PM & Thursdays 6-7:30 PM

Navy Marine Corp Relief Society 1-760-939-2921

610 Blandly Ave. Ste. S, China Lake 93555-2866

Omni Family Health 1-760-446-7978

Medi-Cal and most insurances, 1133 N. Chelsea Street, Ridgecrest, CA 93555

Patient's Rights Advocate 1-844-360-8250

Psychiatric Evaluation Center/ Crisis Stabilization Unit (PEC/CSU) 1-661-868-8080

Mary K. Shell Bldg.  
Ridgecrest Rural Health Clinic 1-760-499-3855  
Medicare, Medi-Cal, Private Insurance, 1111 N. China Lake Blvd., Ridgecrest, CA 93555

**MOTOR VEHICLES CA DEPT.**

540 W. Perdew Ave., Ridgecrest, CA 93555 1-800-777-0133

**NATIVE AMERICAN**

Owens Valley Career Development Canter/Tribal TANF 1-760-379-4770

**NAVAL AIR WEAPONS STATION CHINA LAKE**

Ridgecrest Information 1-760-939-9011

**NEIGHBORHOOD WATCH** see Legal Referrals

**NEWSPAPERS**

Daily Independent 1-760-375-4481  
224 E. Ridgecrest Blvd., Ridgecrest, CA 93555  
News Review 1-760-371-4301  
109 N. Sanders, Ridgecrest, CA 93555  
Swap Sheet 1-760-375-5400  
720 N. Norma Suite B, Ridgecrest, CA 93555

**NURSING HOME**

Bella Sera Transitional Care & Rehab Unit 1-760-446-3591  
1131 N. China Lake Blvd., Ridgecrest, CA 95333  
High Desert Haven 1-760-371-1989  
1240 College Heights Blvd., Ridgecrest, CA 93555

**NUTRITION**

WIC (Women Infants Children) 1-866-327-3074  
Community Action Partnership of Kern, 814 N. Norma St. Ridgecrest, CA 93555

**OMBUDSMAN**

Long-Term Care (GBLA) 1-661-325-5943  
615 California Ave., Bakersfield, 93304  
Mobile Home Ombudsman, [www.hcd.ca.gov](http://www.hcd.ca.gov) 1-800-952-5275

## **PARENTING**

Oasis Family Resource Center      1-760-938-1094  
825 N. Norma, Ridgecrest, CA 93555 (court-approved parenting classes)  
Parenting Services/Support Warm Line      1-661-323-3531 or 1-888-955-9099  
Southeast Neighborhood Partnership Clinica Sierra Vista      1-661-322-3276  
(court-approved parenting classes offered via Zoom)  
Legacy Behavioral Health (court ordered longer term classes) **Intake** 1-877-861-1133

## **PHARMACIES**

Albertson's Savon Pharmacy 1-760-384-4020  
927 S. China Lake Blvd., Ridgecrest, CA 93555  
Center Professional Pharmacy      1-760-446-4141  
1109 N. China Lake Blvd., Ridgecrest, CA 93555  
Rite Aid Pharmacy      1-760-375-0223  
101 N. China Lake Blvd., Ridgecrest, CA 93555  
Walgreens Pharmacy      1-760-384-2358  
101 Drummond Ave., Ridgecrest, CA 93555  
Walmart Pharmacy      1-760-371-4979  
201 E. Bowman Ave., Ridgecrest, CA 93555

**POISON CONTROL CENTER**      1-800-222-1222

**POLICE** - See Law Enforcement

## **POST OFFICE**

Ridgecrest 101 E. Coso Ave., Ridgecrest, CA 93555      1-760-375-1939  
Inyokern 6504 Locust Ave., Inyokern 93527 1-800-275-8777 or 1-760-377-5125

## **PREGNANCY**

Nurse-Family Partnership      1- 760-384-5843  
Kern County Dept. of Public Health Services, 400 N. China Lake Blvd. Ridgecrest, CA 93555  
Perinatal Education & Lactation Support (breast feeding)      1-760-499-3032  
Ridgecrest Regional Hospital, 1081 N. China Lake Blvd., Ridgecrest, CA 93555  
Pregnancy Care Center      1-760-384-2273  
341 E. Ridgecrest Blvd. Ste. A, Ridgecrest, CA 93555  
Safe Surrender (for newborns within 3 days of birth)      1-866-517-7233 (safe)  
Program allows a distressed birth parent(s) to legally, confidentially and safely surrender their baby within 3 days to any fire station or hospital emergency room in Kern County. A bracelet will be placed on the baby for identification and a matching bracelet will be given to the parent. The bracelet will help connect the parent to the baby if the parent wants the baby back. Under the SSB Law, a parent has at least 14 days to claim his or her infant.

**PROBATION** See Legal Referrals

**RECREATION**

CCS HOPE Center for the Mentally Ill 1-760-446-1597

1400 N. Norma Ste. 137, Ridgecrest, CA 93555

Kerr McGee Center, Parks and Recreation 1-760-499-5000

100 W. California Ave., Ridgecrest, CA 93555

**REPRESENTATIVE PAYEE PROGRAMS**

Around the Clock Foundation 1-661-395-5800

5251 Office Park Drive #400, Bakersfield. 03309

Catholic Charities 1-661-616-4036

825 Chester Ave., Bakersfield 93301

Manna House 1-760-379-1808

6433 Lake Isabella Blvd., Lake Isabella 93240

Steward's 1-661-631-1258

2211 H Street, Bakersfield, CA 93301-3923

**SCHOOLS**

Adult Education,

- Sierra Sands Unified School District 1-760-499-1725  
140 W. Drummond Ave., Ridgecrest 93555-2508
- English Language Classes 1-760-499-1725  
Viewig School, 348 Rowe St., Ridgecrest , CA 93555

College

- CA State University 9001 Stockdale Hwy., Bakersfield 1-661-664-2011
- CA State University 43909 30th St. W. Lancaster, CA 93536 1-661-952-5000
- Cerro Coso Community College (Special Services Dept.) 1-760-384-6250  
3000 College Heights Blvd., Ridgecrest

Preschools

- Balas Montessori 1-760-375-8261  
555 S. China Lake Blvd., Ridgecrest, CA 93555
- Cerro Coso Child Development Center 1-760-384-6362  
3000 College Heights Blvd., Ridgecrest, CA 93555
- Head Start, Oasis Child Development Center 1-760-371-1469  
CAPK, 814 N. Norma, Ridgecrest, CA 93555
- Heritage Montessori Pre-School & Kindergarten 1-760-446-7459  
934 Heritage Dr., Ridgecrest, CA 93555

- High Desert Leaping Lizards (State Preschool) 1-760-499-1770
- NAWS Child Development Center 1-760-939-3171
- Ridgecrest Montessori Children's House TK-5<sup>th</sup> Grade 1-760-381-6257  
732 N. Norma Ste B, Ridgecrest, CA 93555

## **SENIOR CITIZENS, AND ADULTS WITH DISABILITIES**

<http://www.co.kern.ca.us/aas/resources-comm.asp>

<http://www.co.kern.ca.us/aas/supportproviders.asp>

AARP Hotline 1-888-687-2277

Adult Protective Services (APS) Hotlines 1-800-277-7866 or 1-661-868-1006

Ridgecrest Regional Hospital Support Groups

- Alzheimer's Support Group 1-760-371-1445
- Caregiver Group 1-760-499-3825  
Meets Virtually  
2<sup>nd</sup> & 4<sup>th</sup> Tuesdays, 6-7:30 PM
- Congestive Heart Failure Support Group 1-760-499-3835  
3<sup>rd</sup> Tuesday 6 PM
- Diabetes Empowerment Education Program 6 weeks of education 1-760-499-3825
- Diabetes Support Group 1-760-499-3825  
1081 N. China Lake Blvd. Ridgecrest, CA 93555 David Mechtenberg Room  
4<sup>th</sup> Thursday 5:30-6:30 PM
- Grief Support 1-760-499-3617  
417 Drummond Ave. (Senior Services), Ridgecrest, CA 93555  
1<sup>st</sup> Tuesday 6 PM
- Stress Reduction Clinic 1-760-499-3855  
8 week mindfulness based lifestyle change program

Kern County Adult and Aging Services 1-800-510- 2020 or 1-661-868-1000

5357 Truxtun Ave., Bakersfield, CA 93309

Paid Medical Leave Program 1-877-238-4373

California Employment Development Department [www.edd.ca.gov](http://www.edd.ca.gov)

Parenting Services/Support Warm Line 1-661-323-3531 or 1-888-955-9099

Personal Care Services (Ridgecrest Regional Hospital) 1-760-499-3617

Senior Services (Ridgecrest Regional Hospital) 1-760-371-1445

417 Drummond Ave., Ridgecrest, CA 93555

Senior Centers

- Ridgecrest: 125 S. Warner 1-760-375-5438
- Inyokern Senior Nutrition Program, 1247 Broadway, Inyokern 93527 1-760-377-4800

Senior Law Center 1-888-292-4252 or 1-661-325-5943

Greater Bakersfield Legal Assistance, 615 California., Bakersfield, CA 93304

Shield 1-800-675-8842

Adult diaper service for Medi-Cal recipients; incontinence supplies, ostomy supplies, diabetic supplies and oral nutritional supplement. They deliver.

**SEXUAL ASSAULT RESPONSE TEAM HOTLINE** 1-760-375-0745

**SHERIFF** See Law Enforcement

### **SMOKING CESSATION**

California Smokers Helpline 1-800-NO-BUTTS [www.nobutts.org](http://www.nobutts.org)

Kick It California 1-800-300-8086 [www.kickitca.org](http://www.kickitca.org)

### **SOCIAL SECURITY ADMINISTRATION**

General information 1-800-772-1213

Lancaster, 1-866-964-1725

42225 10th St. West, Lancaster, Ca 93534 (9 a.m. - 4 p.m. M T TH F; Wed. 9 a.m. - Noon)

Bakersfield

- Bakersfield Office 5300 Office Park Dr., Bakersfield, 93309 1-866-476-1489
- East Hills Office 2575 Haley St., Bakersfield, 93305 1-866-366-9558

### **SUBSTANCE ABUSE**

24-hr Helpline 1-877-959-2103

Alcoholics Anonymous: Meeting Info (11 a.m. - 4 p.m.) 1-760-375-5445

Amethyst Sober Living (Women) 1-213-300-8853

SW Bakersfield

College Community Services 760-499-7406

1400 N. Norma, Ste. 133, Ridgecrest, CA 93555

Detoxification Programs

- Aegis (Opiate addiction assistance) 1-760-301-6945  
1111 W. Inyokern Road, Ridgecrest, CA 93555
- Living Word Harvest, Men's Recovery House 1-626-217-5759  
Bakersfield, CA., fee based on income
- Good Samaritan Hospital 1-661-215-7500  
Bakersfield, CA., Insurance accepted
- St. John of God Healthcare Services 1-760-241-4917  
13333 Palmdale Road, Victorville, CA 92392  
Free, Social, Non-Christian Detox Program, 7-day Retreat Environment

Kern County Mental Health Substance Abuse Resource Team (S.A.R.T.) 1-661-868-0848

1401 L St., Bakersfield

Narcotics Anonymous, Kern County 24-Hour Info Line 1-877-629-6759  
Ridgecrest 1-760-446-4445

#### Rehabilitation & Discipleship Programs

- Teen Challenge USA (Adult Rehabilitation Center) 1-661-746-4917  
teenchallengeusa.com Bakersfield, CA
- Salvation Army Adult Rehabilitation Center (Men)
  - 200 19<sup>th</sup> Street Bakersfield, CA 1-661-325-8626
  - 363 S. Doolittle Rd, San Bernardino, CA 92408 1-909-889-9605
  - 1300 Lewis Street, Anaheim CA 92805 1-714-758-0414
- The Mission at Kern 1-661-325-0863  
themissionkc.org
- The Refuge Ridgecrest Vineyard Church 1-760-620-1711  
rvclife.org/refuge

### **SUPPORT GROUPS**

Alcoholics Anonymous [www.kernaa.org](http://www.kernaa.org); Central Office: 1-661-322-4025

Alzheimer's Support Group 1-760-499-3825

Celebrate Recovery 1-760-375-5014

RCA Church- 800 W. Upjohn, Ridgecrest, CA 93555

Connections Peer Recovery Support Group (support for those who struggle with mental health)

register by email: [namikern@yahoo.com](mailto:namikern@yahoo.com)

Zoom meetings Mondays 6-7 PM & Thursdays 6-7:30 PM

Family Support Group (for family members of those struggling with mental health)

register by email: [namikern@yahoo.com](mailto:namikern@yahoo.com)

Zoom meetings 2<sup>nd</sup> & 4<sup>th</sup> Tuesday 5:15-6:45 PM & 1<sup>st</sup> Wednesday 6-7:30 PM

Lighthouse, 111 N. Balsam St., Ridgecrest, CA 93555 1-760-382-3858

Narcotics Anonymous (call for meeting days and times) 1-760-446-4445

#### Ridgecrest Regional Hospital Support Groups

- Alzheimer's Support Group 1-760-371-1445
- Caregiver Group 1-760-499-3825  
Meets Virtually  
2<sup>nd</sup> & 4<sup>th</sup> Tuesdays, 6-7:30 PM
- Congestive Heart Failure Support Group 1-760-499-3835  
3<sup>rd</sup> Tuesday 6 PM
- Diabetes Empowerment Education Program 6 weeks of education 1-760-499-3825
- Diabetes Support Group 1-760-499-3825  
1081 N. China Lake Blvd. Ridgecrest, CA 93555 David Mechtenberg Room  
4<sup>th</sup> Thursday 5:30-6:30 PM
- Grief Support 1-760-499-3617



417 Drummond Ave. (Senior Services), Ridgecrest, CA 93555

- Stress Reduction Clinic 1-760-499-3855  
8 week mindfulness based lifestyle change program

### **SUICIDE HOTLINE** (24-7's)

1-800-784-2433 (1-800-Suicide)

Mental Health Crisis Line Talk or Text **988**

National Suicide Prevention Life Line 1-800-273-8255 (1-800-273-TALK)

SALT-Save A Life Today 1-661-412-2721 www.saltkc.com

### **TRANSPORTATION**

American Cancer Society Transport Services 1-800-227-2345 or 1-661-327-2424

Ridgecrest: Road to Recovery 1-800-227-2345

American Cancer Society, free transportation to and from treatment facilities. Pre-register four days in advance, patient must be ambulatory

Eastern Sierra Transit 1-800-922-1930 or 1-760-872-1901

Kern Transit www.kerntransit.org 1-800-323-2396 or 1-800-560-1733

Ridgecrest Patient Transport 1-760-446-3591

8 a.m. - 3 p.m. Mon-Fri

Ridgecrest Dial-A-Ride 1-760-499-5040

(serving Ridgecrest, Inyokern, Ransburg) - Limited: for approved ADA persons only

Ridgecrest Medical Transportation 1-760-495-2394

(Medicare, Medi-Cal, Health Net, Kern Family Health) Lancaster and Palmdale

Ridgerunner 1-760-499-5040

Taxi's

- Ridgecrest Taxi 1-760-384-2227

### **UTILITIES**

Edison - sce.com 1-800-447-6620

- CARE/FERA: low-income discount program for your electric bill
- Level Pay Plan
- Residential Summer Discount Program
- Medical Baseline

Crossroads Community Church 1-760-384-3333

235 N. China Lake Blvd., Ridgecrest, CA 93555 (as funds are available)

Grace Lutheran Church 1-760-375-9768

502 N. Norma St., Ridgecrest, CA 93555 (as funds are available)

HEAP (Home Energy Assistance Program) Low income 1-866-675-6623

- Community Action Partnership of Kern- Home Energy Program 1-800-988-7771  
Home Weatherization Services Kern County 1-661-336-5203  
CAPK Energy Program, 300 19th St., Bakersfield, CA 93301

#### Telephone

- California Lifeline Program 1-866-272-0349  
(discounted home phone service to qualified households). <http://hellosavings.org/>
- California Telephone Access Program 1-800-806-1191 or 1-800-995-6831  
telephones available for the visually impaired, hearing impaired, seniors and disabled.

#### PG&E -

- CARE Program (15% discount) 1-800-743-5000
- Energy Savings Assistance Program (Includes Mobile Homes) 1-800-989-9744

### **VETERANS**

Kern County Vet Rep. 1-661-868-7300

Kern County Veterans Services Department, Bakersfield 1-661-868-7300 or 1-866-218-5367

Helps with filing for federal and state benefits for veterans, survivors, and their dependents.

Military Resource Center 1-661-579-8301

506-W. Jackman St., Lancaster 93534

Ridgecrest Veterans Advisory Council 1-760-608-9251

P.O. Box 805, Ridgecrest, CA 93556

Transition In Place (TIP) - Transitional Housing 1-661-323-637

Resource information, shelter, referrals and assistance for veterans in Eastern Kern County at risk of homelessness or currently homeless

Veteran's Services Dept. 1-760-384-5826

(in Ridgecrest every Wednesday at County Bldg., 400 N. China Lake Blvd. by Library across from Post Office)

- To schedule an appointment, call 1-866-218-5367 or 1-661-868-7300

Veteran Services Emotional Crisis Press 1 for Veteran 1-800-273-8255 (TALK)

U. S. Department of Veterans Affairs [www.va.gov](http://www.va.gov) 1-877-222-8387

VA health benefits

**VOCATIONAL REHABILITATION DEPT.** for appointment in Ridgecrest 1-760-446-2523

4925 Commerce Drive, Suite 150, Bakersfield 92309

### **VOLUNTEER OPPORTUNITIES**

[www.justserve.org](http://www.justserve.org)

**WELLNESS CHECK** 1-760-499-5100

Police Department (call to request a wellness check on someone in poor health or with safety concerns)