

Crisis Care Kit Instructions:

1. Gather **NEW** items in quantities listed below. Assemble Crisis Care Kits (CCKs) and seal the Ziploc bags. Include **only those items listed** below. ***Deviating from this list can cause an entire shipment to be rejected in customs.***

2. Pack contents below into a clear 2-gallon OR 2.5-gallon plastic Ziploc bag:

1 medium-size bottle of shampoo (12-18 oz.), please tape flip-tops closed

2 bars of soap (bath-size or larger)

1 medium toothpaste (4.0-6.4 oz.)

3 toothbrushes (in original packaging)

1 box of Band-Aids (30 or more)

1 fingernail clipper

1 sturdy hair comb

2 hand towels

4 pocket-size packages of facial tissue

1 Beanie Baby-size stuffed toy

3. Return Crisis Care Kit to Ridgecrest Church of the Nazarene. We will ship kits to their needed destination.